Opal: Food+Body Wisdom is a locally and clinician owned eating disorder treatment facility in the University District of Seattle, Washington, offering Partial Hospitalization, Intensive Outpatient and traditional outpatient services. We are looking for skilled individuals who want to join our team to provide quality treatment and work alongside a passionate and caring staff.

**Job Title: Utilization Review Specialist**

**Responsibilities:**

* Gather and review clinical information to prepare for pre-authorizations and utilization reviews with insurance companies.
* Complete pre-authorization and utilization reviews with insurance companies.
* Use effective relationship management, coordination of services, resource management, education, patient advocacy, and related interventions to promote improved quality of care for clients.
* Submit authorizations and reviews to insurance companies in a timely manner.
* Collaborate with multi-disciplinary staff to develop effective arguments for authorization of the level of care needed based on medical necessity.

**Skills, Abilities, and Competencies Desired:**

* Excellent relationship management skills, including high degree of non-aggressive assertiveness skills.
* Ability to problem solve complex, multifaceted, emotionally charged situations.
* Ability to engage easily in abstract thought.
* Ability to successfully manage conflict, negotiating “win-win” solutions.
* Strong client advocacy focus.
* Strong organizational and task prioritization skills.
* Excellent ability to use medical and behavioral based terminology to advocate with insurance companies for appropriate authorization.
* Knowledge of the medical, psychological, nutritional, familial and contextual considerations of eating disorders.

**Requirements:**

* Registered Nurse or masters-level mental health therapist (LMHCA or LMHC).
* Alignment with Opal values – view our website to learn more about our approach.
* Alignment with Health At Every Size™ philosophy desired.
* Experience working in utilization review with insurance companies highly desired.

**Hours:**

Part-time

**Compensation:**

Commensurate to experience

**Interested?**

Contact Lexi Giblin, PhD, CEDS

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