



food+body wisdom

Opal: Food+Body Wisdom, an eating disorder treatment facility in the University District of Seattle, Washington, offers intensive day treatment as well as outpatient services. We look to hire skilled individuals who want to join our team to provide innovative treatment and work alongside a passionate and caring staff.

Job Title: Clinical Leader

Responsibilities:

Clinical Leadership—

- meet regularly with PHP, IOP, Nutrition, and HR Lead to have connection to the pulse on day to day clinical issues
- be in charge of hiring new Primary Therapist clinicians
- Be responsible for onboarding new clinicians and ensuring they are equipped for their clinical responsibilities
- Be in charge of all staff clinical training: set up training schedule and ensure training covers the foundational aspects of Opal throughout the calendar year
- Be responsible for overall Opal therapeutic programming and be responsive to client and staff feedback towards necessary change
- Be responsible for aligning our clinical staff towards staff values and culture
- Do an analysis of group therapy offerings and ensure that group offerings are race equitable
- Analysis of overall Opal programming through race equity lens to make recommendation for system changes
- Establish relationships in the community for adjunctive treatments that Opal doesn't offer in-house
- Develop a feedback policy/procedure for all staff
- Other duties as assigned by supervisor

Supervision—

- Supervise and lead Primary Therapists, helping to ensure alignment with Opal's mission/vision/purpose and provide direction to staff towards its fulfillment.
- Ensure individual and group therapy align with Opal's non-diet, race equity, weight-inclusive care approach.

Primary Therapy (if applicable)—

- Provide 1:1 individual therapy for patients at all levels of care
- Co-lead groups as part of the PHP/IOP programs
- Document all clinically relevant interactions with clients using electronic health record system
- Collaborate with multidisciplinary clinicians both inside and outside of Opal

Requirements:

- Clinical experience with eating disorders
- Current credentialing with insurance panels is highly desired
- Program development experience

Skill Requirements + Opal Value Alignment:

- Have a systemic lens to bring positive change to staff and client culture at Opal
- Strong managerial skills
- Strong leadership skills
- Change management skills
- A high degree of confidentiality and personal boundary setting; coupled well with value of modeling for clients and staff.
- Adaptable, and flexible.

- High value of collaboration with multi-disciplinary treatment teams and colleagues.
- Experience working with clients with eating disorders and other mental health concerns.
- Live, behave and talk in a way that reflects a non-diet, anti-racist, weight-inclusive relationship with food and body.

Hours: 40 hours. Monday – Friday

Compensation:

- Salary will commensurate with experience.
 - Benefits: Medical/Dental/Vision insurance, PTO, paid holidays, retirement account with employer matching, paid continuing education
-

Opal's Aspiration: To contribute to a world where all are able to live fully with freedom

Opal's Vision: To inspire cultural change regarding food, body, movement and mental health

Opal's Mission: To free people from diet culture by offering eating disorder treatment for food, body and exercise concerns

Staff Values: Centering Community; Liberating from Oppression; Divesting from Perfectionism; Learning+Unlearning; Embodying Strength+Vulnerability