

**Opal: Food+Body Wisdom, a locally and clinician owned, eating disorder treatment facility in the University District of Seattle, Washington, offering Partial Hospitalization, Intensive Outpatient and traditional outpatient services. We are looking for skilled individuals who want to join our team to provide quality treatment and work alongside a passionate and caring staff.**

**Job Title:** PHP/IOP Family Therapist

**Responsibilities:**

* Provide family therapy for our Partial Hospitalization Program and Intensive Outpatient Program
* Facilitate specific groups based on skills, training and interest, which includes multi-family groups and family psycho-education/process groups
* Co-facilitate the family therapy program at Opal
* Collaborate with other family therapists and Leadership on aspects of family therapy programming that need change or revision
* Administer paperwork and systems related to the family programming
* Collaboration with other members of a multi-disciplinary treatment team
* Offer systems-thinking leadership to benefit case conceptualization for other Opal staff
* Be the point person responsible for communication between clients’ identified family and treatment team
* Maintain clinical documentation and other administrative tasks required for competent care

**Educational/Credential Requirements:**

* Must be at least an associate’s level licensed therapist in the state of Washington: LMHCA, LMFTA, LSWAIC
* Priority will be given to applicants with full licensure in the state of Washington: LMHC, LMFT, LICSW, LASW or a Licensed Psychologist
* Interest in ACT and RO-DBT preferred
* Experience working with eating disorder patients is highly desired
* Experience working as family therapist, with identified mental illness, desired

**Skill Requirements + Opal Value Alignment:**

* System approach desired – strong team work skills needed
* Practice therapy and live personally in a way that reflects a non-diet, anti-racist, weight-inclusive relationship with food and body
* Approachable and compassionate, with an emotional awareness of client’s needs and one’s relationship with the client
* A high degree of confidentiality and personal boundary setting
* Adaptable and flexible
* High value of collaboration with multi-disciplinary treatment teams and colleagues  
  Experience working with clients with eating disorders and other mental health concerns
* Alignment with Opal values – view our website to learn more about our approach

**Hours:**

Monday-Friday, Full-time or Part-time

**Compensation:**

Commensurate to experience

Full-time benefits: Medical/Dental/Vision insurance, PTO, paid holidays, retirement account with employer matching, paid continuing education

Part-time benefits: PTO, retirement account with employer matching

**Interested?**

Email: careers@opalfoodandbody.com

**Opal’s Aspiration: To contribute to a world where all are able to live fully with freedom**

**Opal’s Vision: To inspire cultural change regarding food, body, movement and mental health**

**Opal’s Mission: To free people from diet culture by offering eating disorder treatment for food, body and exercise concerns**

**Staff Values: Centering Community: Liberating from Oppression; Divesting from Perfectionism; Learning+Unlearning; Embodying Strength+Vulnerability**